

A night of Inspiration and Empowerment with Tracey Spicer



Tracey Spicer is no wall flower. You may recognise her from her time as a news anchor for networks including ABC TV, Network Ten, Channel 9 and Sky News. In recent years Tracey made national headlines for her candid insight into life as a female presenter- including being sacked via email after having a baby and being subjected to stifling grooming standards. In 2017 Tracey went on to release her first book, *The Good Girl Stripped Bare* and became a best seller within weeks.

Tracey has a wicked sense of humour and is an engaging public speaker renowned for the courage of her convictions, passion for social justice and commitment to equality. Her presentation will empower you to consider barriers facing women, particularly in the workplace and inspire you to reevaluate the basis of your relationship with yourself, your family, friends and colleagues- moving away from societal expectations to embracing new opportunities through authenticity.

Committed to supporting the mental health & wellbeing of the community CatholicCare Social Services Hunter-Manning invites you

to attend 'A night of Inspiration and Empowerment with Tracey Spicer' free of charge, including a two-course meal. However, we do encourage guests to make a donation to attend, which they can do when booking. Proceeds from the event will go towards supporting the wonderful work of local charity, Got Your Back Sista that helps women and children begin again after escaping domestic violence.

EVENT DETAILS

Master of Ceremonies, Carol Duncan

Thursday 28 June 2018, 6.00pm- 8.30pm

Two course meal provided, drinks available for purchase at the bar

Merewether Surfhouse, Henderson Parade, Merewether, NSW 2291

Dress code: Smart casual or business attire

Cost: Free of charge, though donations to Got Ya Back Sista are graciously welcome.

Book now <https://www.trybooking.com/VSWB>



**Social Services
Hunter-Manning**
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